






February Cultural Arts Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30am Water Workout 9 am Stretch with Erich Beg. 12pm Trader Joe's 1pm Wii sports AL 2pm Parkinson's Support grp. (AL) 2pm Ladies Bible Study Apt. 621 6:30 Mont. College Social Media Class (pre-registered)	2 9am Stretch w/ Erich (Beg.) 10am Lancaster Dutch Market 10:30am Gentle Jazz Dance Class 11am Biography Informational mtg 2pm Bridge/2pm Beg. Bridge 2:00pm Werner Schumann Documentary: Ethics in Bio-med. Research/ Kennedy Ctr. Bio. 4pm Men's Book Club 7pm Bible Study	3 9am Stretch w/ Erich (Int.) 10:30am Bach to Rock Chorus 7:30pm Game Night 7:45pm Hevrat Shalom Service	4 8:30 am Water Workout 9:30 am Water Workout 2pm Bridge 7:00pm Rock the Ballet Performance at Montgomery College \$28
5 2:00pm National Philharmonic at Strathmore-- All Tchaikovsky (transportation only) 4:30pm Vesper Service 6:00pm Ingleside Super Bowl Party! 	6 8:30am Shallow water wkt. 10am King Farm Center 10am Chair Yoga /11am Mat Yoga \$12 3pm Catholic Mass 3pm Needle-work Circle 7:00 PM Overeaters Anonymous 7:30pm Ballroom Dance Class	7 9am Stretch w/ Erich Int. 10am Bettmann Movement class 10:30am Aquabalance Class 10am Next in line Autobiography 12:30pm Rockville Library 7pm Mont. College Faculty Jazz Concert - Alvin Krewei'tet 7:30pm Movie:	8 8:30am Water Workout 9 am Stretch with Erich Beg. 10:00am Country Line Dance 11am Current Events 2pm Ladies Bible Study Apt. 621 3:30pm Lecture- Murray Miles-Radiation: Its Good for You 6:30 Mont. College Social Media Class (pre-registered)	9 9amStretch w/ Erich (Beg.) 10:30am Move it! Stretch it! 2:00pm Documentary and Discussion-- Miracle Man with Erich 2pm Bridge /2pm Beg Bridge 7pm Bible Study	10 9am Stretch w/ Erich (Int.) 9:00am Whole Foods Trip 10:30am Chorus Rehearsal 11:15am Culinary Passport Trip: Matchbox Rockville 3pm Literary Ladies Book Club 7:30 Game Night	11 8:30 am Water Workout 9:30 am Water Workout 11:30am Opera Simulcast Regal Germantown --Gotterdammerung (must Pre purchase ticket) 1pm Wii Sports (AL)2pm Bridge 6:30pm Hevrat Shalom Film : The Concert
12 4:30pm Vesper Service	13 8:30am Shallow water workout 10am Giant Foods 10am Chair Yoga /11am Mat Yoga 1pm Arts Workshop 1pm Finance 103 3pm Catholic Mass 3pm Needle-work Circle 7 PM Overeaters Anonymous	14 9am Stretch w/ Erich Int. 10:30am Aquabalance Class 11am Finance 103 1pm Memory and Mobility 7:30pm Valentine's Opera Concert with Antonio Giuliano 	15 8:30am Water Workout 9 am Stretch with Erich Beg. 1pm Trader Joe's 1pm Wii Sports AL 2pm Parkinson's Support grp. (AL) 2pm Ladies Bible Study Apt. 621 3:30pm Lecture: Global Polio Update 6:30 Mont. College Social Media Class	16 9amStretch w/ Erich (Beg.) 10:30am Gentle Jazz Dance Class 11am Finance 103 2pm Bridge/2pm Beg Bridge 4pm Men's Book Club 7pm Bible Study	17 9am Stretch w/ Erich (Int.) 10:30am Bach to Rock Chorus 10:30am Lieta Gerson Art Exhibit Trip-Kentlands Mansion 2pm Readers' Ink Book Club 7:30pm Game Night 7:45pm Hevrat Shalom Service	18 8:30 am Water Workout 9:30 am Water Workout 1:30pm Opera Afternoon: La Boheme 2pm Bridge
19 1:15pm Swingin' Sounds Concert at Montgomery Blair High School 4:30pm Vesper Service	20 8:30am Shallow water workout 10am King Farm Center 10am Chair Yoga/11am Mat \$12 12:45pm Presidents Day Choral Concert at Kennedy Center-- Free 3pm Catholic Mass 3pm Needlework Circle 7 PM Overeaters Anonymous 7:30pm Ballroom dance Class	21 9 am Stretch w/ Erich Int. 10:30am Aquabalance Class 10am Rockville Library 10am Bettmann Movement Class 11am Black History Storytelling and Concert Fat Tuesday Marketplace Lunch 11-2pm 2pm Director's Dialogue 7:30pm Movie: 	22 8:30am Water Workout 9 am Stretch with Erich Beg. 10am Cntry Line Dnc/11am Curr. Events 12pm Montgomery Mall Trip 2pm Ladies Bible Study Apt. 621 2pm Rehab In-service 3:30pm Memory Care Support Grp. (AL) 6-8:30pm Indulge Chocolate Dessert Buffet 	23 9amStretch w/ Erich (Beg.) 10:30am Move it! Stretch it! 2pm Bridge / 2pm Beg Bridge 3:30pm Schumann Doc. Kennedy Center Honors Biographies /Ethics in Bio Medical Research 7pm Bible Study	24 9am Stretch w/ Erich (Int.) 10:30am am Chorus Rehearsal 10am Lancaster Dutch Market 2pm Book Keepers' Book Club 2:00pm Swinglesiders' Choral Concert 7:30pm Game Night	25 8:30 am Water Workout 9:30 am Water Workout 11:30am Opera Simulcast Regal Germantown --Verdi's Ernani (must Pre purchase ticket) 1pm Wii Sports (AL) 2pm Bridge
26 11:30-2pm Champagne Brunch  4:30pm Vesper Service	27 8:30 am Shallow water 28 10am Giant Foods 10am Chair Yoga /11am Mat \$12 12pm African American Civil War Museum Docent Tour 1pm Arts Workshop 2pm Comedy Show 3pm Catholic Mass 3pm Needlework Circle 7:00 PM Overeaters Anonymous 7:30pm Black History Doc. Series	28 9am Stretch w/ Erich Int. 10am Rio Center Trip 10:30am Aquabalance Class 1pm Memory and Mobility 2pm CEO Coffee 7:15pm Mont. College Faculty Jazz Concert: The Big Beat Band 7:30pm Movie:	29 8:30am Water Workout 9 am Stretch with Erich Beg. 10am Wal-mart Trip 10am Wellness Wednesday 2pm Ladies Bible Study Apt. 621 2:00pm Eric Byrd Jazz Piano Concert 2-5pm CPR Course 7:30pm Documentary: King			<p style="text-align: center;">NOTE: RED Indicates that signup is required</p>