

Life Enrichment Calendar

Skilled Nursing

Sunday, April 29th– Saturday, May 5

MPR– Multipurpose Room– 1st floor AL– Assisted Living– 7th floor



29	Sun	30	Mon	1	Tue	2	Wed	3	Thu	4	Fri	5	Sat
10:00 AM– Let’s Play Ball!	10:00 AM– Exercise and Ball Toss with Pora	10:00 AM– Exercise with Anya 	10:00 AM– Exercise with Anya 	10:30 AM– Baby Goats with Laurie (1st floor)	11:00 AM– Meet and Greet the New Activity Director, Yvonne!	10:00 AM– Exercise with Anya 	10:00 AM– Saturday Stretch with Pora 	2:30 PM– Bell Canto Hand Bell Choir Concert (MPR)	11:00 AM– News Today with Bree	11:00 AM– May Day Craft with Pora	11:15 AM– Sit and Stretch 	11:00 AM– Activity with Yvonne	2:00 PM– Make Salsa with Pora (AL)
4:00-5:00 PM– Visit with Dana and Hamish, the dog	1:00 PM– Trivia with Pora	1:30 PM– History of May Day	1:30 PM– Musical Encounters Concert	1:30 PM– Musical Encounters Concert	11:15 AM– Exercise with Yvonne 	1:30 PM– Storytelling through Pictures with Bree	3:00 PM– Cinco De Mayo Fiesta (AL)	4:30 PM– Vesper Service (MPR)	3:00 PM– Catholic Mass (MPR)	3:00 PM– Beading with Pora	3:00 PM– Conversational Spanish with Will	3:00 PM– Spanish Games with Bree	3:00 PM– Cinco De Mayo Fiesta (AL)
	6:15 PM– Games with Volunteers (Harmony Hall)			3:00 PM– Conversational Spanish with Will	4:00 PM– Manicures with Pam	4:00 PM– Hand Massages with Pam	4:00-5:00 PM– Visit with Kim and Butter the dog						

 Indicates Program Counts for Ingleside May Fitness Challenge Points